



St Patrick's College Strathfield

Resumption of Co-curricular activities

This document outlines the approach to resuming Co-curricular activities, including sport, at St Patrick's College. It also outlines the steps being taken to promote the health and safety of students, staff, coaches and parents in light of COVID-19.

In developing our plan, St Patrick's College is informed by the:

- Department of Health – 'Statement on the Resumption of Sport and Recreation Activities' (5 May 2020) by the Australian Health Protection Principal Committee (AHPPC).
- Department of Education Protocols – Phase 3 'Managed Return to School'
- Catholic Schools NSW – Practical guide for sport and physical activity
- The Australian Institute of Sport (AIS) Framework for rebooting sport in a COVID-19 environment.
- Various community Guidelines for the resumption of Community Sports

The following is a summary of the status of College Co-curricular Activities (Cultural):

Co-curricular Activity	Current Status
Band & Orchestral Programmes	Ensembles linked to Brass and Woodwind will continue to work on-line for the remainder of Term 2. The remaining ensembles will practice on site, albeit in a safe and modified manner. Parents and boys attached to these programmes have been emailed relevant details and schedules.
Choir	The various Choirs will continue working on-line for the remainder of Term 2.
Debating	Whilst the College is waiting for further advice from the CSDA in relation to whether or not competition rounds will take place in 2020, Internal trials followed by training will commence as of Week 6, Term 2.
Duke of Edinburgh	Given the breadth of activities associated with this scheme, no formal practice sessions/services will take place for the remainder of Term 2.
FIAT	To resume Tuesday 2 June.
Mock Trial	Training will recommence in Week 7 of Term 2. A shortened season will then take place involving primarily internal rounds with a view to inviting some schools to compete against in Term 3.
Public Speaking	Zone finals are scheduled to take place via Zoom on Friday 12 June with the Grand Finals run the following Friday evening.
Social Justice	To resume Wednesday 27 May
Theatresports	Both the Intermediate and Senior Groups will resume training in Week 6, Term 2, albeit the competition has been cancelled. Trials for the Primary and Junior groups will take place in Week 1, Term 3.

Sport

The anticipated timetable for current Sport is as follows:

Athletics

Scheduled to commence late August which may include a slightly shortened season.

Cross Country

Training to commence in Week 1 of Term 3.

Winter Sports

Opens Rugby and Football trials to commence in Week 5, Term 2. All other age groups, Tennis and AFL will commence in Week 6, Term 2.

College sport will resume progressively with the appropriate modifications and protocols. This document outlines the procedures regarding hygiene management and social distancing.

On 5 May 2020 the Australian Health Protection Principal Committee (AHPPC) recommended 15 Principles National Principles for the 'Resumption of Sport and Recreation activities'.

Principle 8 states that the "Resumption of community sport and recreation activity should take place in a staged fashion with an initial phase of small group (<10) activities in a non-contact fashion, prior to moving on to a subsequent phase of large group (>10) activities including full contact training/competition in sport" and "This includes the resumption of children's outdoor sport with strict physical distancing measures for non-sporting attendees such as parents".

For context, it should be noted that Community Club Sport has commenced in NSW, for example, the AFL website shows training resumed from 21 May 2020 and Football NSW from 22 May 2020.

St Patrick's College will undertake a 'Managed Return to Sport' approach that has been informed by the expert bodies and relevant authorities and as outlined as per Attachment 2. This level system is informed by the Australian Institute of Sport 'Framework for Rebooting Sport in a COVID-19 environment'. St Patrick's College considers we are in 'Level B' of the 'Managed Return to Sport' phasing.

This means that sports will be **non-contact**, with no body contact drills performed. The emphasis will be on fitness and skills drills using a ball for kicking, striking and passing.

St Patrick's College is currently aligned with the Department of Education and NSW Catholic Schools in that for the current stage, there will be:

- No inter-school sport - until further notice
- No external sports service providers used – until further notice

The various protocols as per Level B will be shared with College community via Team App and the College website.

Relevant details relating to trials, training sessions and confirmation of the first round of fixtures will be forwarded to the community in due course.

The College is currently in negotiation with a number of Schools to arrange **SENIOR SCHOOL** Rugby, Tennis and Football fixtures for Saturday 27 June (first day of Semester 1 break). Clearly, these are dependent on Government approval for contact training to take place and the availability of outside coaches and council grounds.

General protocols under St Patrick's College 'Level B' return to sport:

Training:

- Training must be in groups of no more than 10 students and there will be designated zone/area on the field whereby they must reside for the duration of training. See examples of Field Set up below.
- Coaches are advised to limit their entry into training zones as much as possible.
- Different groups are not to interact or mingle with each other during training.
- Where possible, avoid sharing of equipment between groups.
- Adequate spacing i.e. maintaining social distancing of 1.5m while training wherever possible is recommended.
- There is to be non-contact training until further advice. Therefore, no organised tackling, jostling for the ball, ruck, maul, scrum or lineout drills are to take place. Accidental contact will inevitably occur but there is to be no deliberate body contact drills.
- Parents are asked not to attend trials/training until further advice is given. Where possible, parents will remain in their car while waiting to pick up their son/s after training.
- Where possible coaches are to use minimal equipment for activities. Balls and other equipment will be cleaned at the end of each training session. Equipment will be submersed in buckets of disinfectant soapy water or wiped clean with disinfectant alcohol wipes.
- Coaches are to adhere to social distancing measures and introduce a 1.5 - 2 metre spacing for all activities.
- Hand sanitiser will be made available to all coaches to collect from the sports storeroom prior to the commencement of training.
- Mouthguard management – if/when contact drills are permitted, all students playing Rugby are to have a mouthguard. Mouthguards are to be cleaned properly at the end of each use.

Students are required to:

- Wash hands thoroughly before and after training.
- Use appropriate cough etiquette and are discouraged from spitting or clearing nasal passage on the ovals.
- Use individual water bottles and not share, in any instance. Water bottles are to be clearly labelled with the student's name.
- Maintain social distance when changing into sport's gear. Teams will be allocated alternate areas to change in. Changerooms will remain closed for the time being.
- Go home at the conclusion of training and shower. Students are not to congregate and socialise while waiting to be picked up after their training session.

Examples of Field Set Up

