Welcome back for the final term of 2016. I trust that the boys were able to have time to relax after a very busy Term 3. Congratulations to our 2016 Year 12 students who successfully graduated from the College on Wednesday 21 September, the last week of last term. Events on this day included a full College Graduation Assembly, lunch, Graduation Mass followed by dinner at Le Montage Leichhardt. Amongst the highlights was the address by the outgoing College Captain, the presentation of the Old Boys ties, and a sense of joy that cannot be described. The manner and style in which the Class of 2016 graduated, typified the extraordinary quality of this Year group and why they will be so fondly remembered.

It would not do justice to attempt to thank all those people responsible for not only the Graduation events, but also for the education of these young men. However, particular thanks must go to the various Year Coordinators and teachers that these students have had over their last 8 years at the College, including Mr. Newman as their 2016 Year Coordinator. The student leadership team of Declan Armstrong, Tony Elias and Luke Pfumi was nothing short of outstanding and reinforced the reason why student voice and empowerment are such important elements of the College’s 2016 - 2020 Strategic Plan. Particular thanks also go to the parents and it is with much sadness that we say goodbye to those parents who will end their time at the College.

We are exploring ways of broadening the Old Boys Association to include parents of Old Boys so they too can stay connected with the College. It is planned to have this information provided on our soon to be relaunched website. We wish the Class of 2016 the very best in their upcoming HSC exams and as they will automatically be registered in the recently relaunched SPC Old Boys Association, we look forward to them staying connected with the College as proud Old Boys.

In farewelling the Graduating Class of 2016 on the Wednesday of the last week of Term 3, the Class of 2017 was officially inducted the following day on Thursday 22 September. In being presented with their black ties in the Chapel, Year 11 officially became the new student leaders and is now the Year 12 Class of 2017. In bringing their own gifts, character and uniqueness, each of these students will now carry forward the traditions and aspirations of our inclusive and faith-filled community.

On the last day of term, Friday 23 September, the new Student Leadership Team was announced at a special assembly which was followed by a celebratory morning tea with them and their families. We congratulate the following students on their appointment to their respective portfolios.

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Welcome back to those staff and Senior students who attended the Immersion to Alice Springs over the break. We look forward to hearing of their insights on what, no doubt for many of them, would have been a life-changing experience. I too have just returned from an International Edmund Rice Immersion/Congress that was attended by over 200 Edmund Rice/Christian Brothers’ leaders from all over the world as part of a joint commitment to Edmund Rice Education Beyond Borders (EREBB). I look forward to sharing some insights of this Immersion/Congress in coming weeks.

*Live Jesus in our Hearts, Forever*

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**John Murphy**

**Acting Headmaster**
Welcome back one and all to the fourth term. I hope the holiday break was enjoyable and relaxing and you were all able to spend quality time with family and friends.

The term ahead promises to be busy, productive and enjoyable. There are various events timetabled for the term including the Year 6 Camp from November 14-17, Junior School Mission Mass on Friday 4 November, Junior School Fundraising Day on a date to be announced and the Sports Presentation Dinner on Friday 25 November. More details of all these events will be given to you as the various dates approach.

Summer sport commences this Saturday, with most boys continuing on in the summer team they were with in Term One. Training has commenced this week so it may be worthwhile to revisit arrangements with your son for traveling home at the conclusion of his training sessions.

We are looking forward to guiding the Junior School boys through the challenges of the term ahead. I know we can count on your continued support in this.

Jim Walters—Director of Junior School

Welcome back to all boys and parents to a very busy term 4.

Round 7 of the summer season starts this Saturday 15 October. I hope all families had a safe and relaxing break. Parents who have not yet bought tickets for the Sports Dinner in November can go to SOLE and book online. Please don’t leave it to the last minute and be disappointed that you have missed out. The night is not compulsory but it is a great way to conclude the sporting season.

Grant Andrews—Junior School Sportsmaster

STUDY SKILLS HANDBOOK
NEWSLETTER ITEM FOR OCTOBER
PREPARING FOR EXAMS

Exams coming up this term?

Follow these steps to help you achieve your personal academic best:

1. Find out what you need to learn: ask your teacher if you will be tested on the whole year’s work or just the second half of the year. You may like to work through the PREPARING FOR EXAM BLOCKS unit to help you put together a study plan.

2. Make your study notes: work through the SUMMARISING unit to learn how to make brain-friendly study notes. On the THINGS TO PRINT page you will find a very useful Study Notes Checklist. You want to get your study notes finished as quickly as possible.

3. Learn your study notes: make sure you remember what you study by using the techniques in the ACTIVE STUDYING unit. If you are interested in exploring learning preferences, you can find more in this unit on this topic.

4. Practise the skills of the subject: do as many different questions, revision sheets, chapter reviews, sample essays or past examination papers as you can. There are suggestions on how to make sure the practise you do is effective in the ACTIVE STUDYING unit.

5. Review your test-taking techniques: this ensures you make the most of the time in the exam. You can learn more about what to do the night before, the morning of the exam, how to approach multiple choice questions and essays in exams and much more in the TEST-TAKING unit.

6. And when you get your exam paper back make the most of it by using the strategies in the AFTER TESTS AND EXAMS unit.

Don’t leave your study until the last minute – get yourself organised well in advance.

You can learn more about more effective studying at www.studyskillshandbook.com.au by logging in with these details:

Username: forspconly
Password: 138results

Prayers for a Loyal Servant

Many of you will know Mrs Elizabeth McNamara who was a parent and grandparent at the College for 34 years. For this whole period of time she cleaned the Chapel, supported all College events and gave her service to God and the College community. She was duly recognised for her lifetime of commitment at the College’s Speech Night last year. Unfortunately she is very unwell at this time and in need of our prayers. In the words of her daughter “I know how much St Pat’s has meant to her for decades, the teachers; the boys; the family community. I also know how much she believes in the power of prayer - not just for miracles but when praying for someone to help them find the strength, serenity and acceptance to deal with life on life’s terms.”

Especially in this month of the Rosary we ask for the community to keep Elizabeth and her family in their prayers, as well as all those others who are ill or suffering. Take some time this month to sit with God and pray with Our Lady the prayer dedicated to her, making clear our intentions. O Holy Mother of God…. Pray for us. St Patrick…. Pray for us. Blessed Edmund Rice…. Pray for us. Blessed Peter To Rot…. Pray for Us.

Gillian Daley—Director of Identity

Youth Boot Camp

Get fit and have fun at these group boot camp sessions, suitable for all levels of fitness. Sessions will involve activities such as stretching, boxing, bodyweight exercises, cardiac circuits and agility training. The trainer, Kelly Jeffrey, has a strong background in fitness and has played competitive netball for over 15 years.

Location: Aikley Park, Homebush
Dates: Every Thursday for 10 weeks commencing 13 October
Time: 1300pm – 430pm
Cost: $4 per session (this program will be ticketed)

Boot Camp sessions are open to anyone aged 12-24. Fee must be paid prior to classes starting. Fees will not be refunded. In the event of wet weather a nutrition class will be run at Strathfield Community Centre. Sessions will be capped at 20 max.

For further information please contact Strathfield Council on 9748 9999
Fourth Term
Welcome back to what promises to be a very busy term from a curriculum perspective.

This term sees Year 11 commencing the HSC course, including the first of a series of formal assessments for the 2017 HSC credential. Year 11 students undertaking Vocational Education and Training (VET) courses will also complete their second industry work placements this term.

Teachers are currently completing Preliminary HSC course academic reports for Year 11 ready for posting online via SOLE by the end of Week 3 and will complete Semester Two student academic reports for Years 5 to 10 ready for posting online via SOLE prior to the Optional Parent/Teacher Interviews on Wednesday, 7 December.

Years 9 and 10 will do their examinations for Semester Two commencing Thursday, 17 November and concluding Tuesday, 22 November.

There is the planning and preparation that goes into the College’s Annual Speech Night and Prize Giving, which will be held at the Sydney Olympic Park Sports Centre on Thursday, 1 December.

Andrew Brennan – Acting Director of Curriculum

SENIOR SCHOOL ATHLETICS AND CROSS COUNTRY PRESENTATION EVENING

Parents and boys are reminded that the Athletics and Cross Country Presentation Evening will take place on Wednesday 12 October in the Robson Auditorium. Boys are asked to arrive by no later than 7.00pm for a 7.15pm start. Boys are to ensure that they wear their full College winter uniform and have their school shoes polished. Attendance is compulsory.

The College kindly requests that no car park in Hydebrae Street (which runs at ninety degrees from Francis Street and the Senior Library) at any time. Its narrowness makes resident parking difficult and non-resident parking can present a safety risk by preventing the access of emergency vehicles. The College tennis courts will be available for some on-site parking on a ‘first come, first served’ basis. Entrance to the tennis courts is from the driveway in Fraser Street and motorists are asked to park their vehicle next to another vehicle in a close fashion so that we can make available the greatest possible number of parking spaces.

Steve Fochesato—Director of Co-curricular

PARENTING WORKSHOP SERIES

FOR PARENTS & CARERS OF ADOLESCENTS

Finding challenges in raising 12–17 year olds?

Good Shepherd is offering FREE Parenting Workshops for parents and carers of adolescents.

Come and learn about:
- The stages of adolescence;
- Parenting styles and communication techniques that work; and
- How to keep a positive approach to discipline.

When: 5:30pm to 7:30pm Tuesday evenings, one session per week for 6 weeks from the 25th of October to the 29th of November 2016

Where: Good Shepherd, 440 Marrickville Road, Marrickville

Registration is essential please contact:
Anne-Marie Taylor or Lauren Stacey by phone: 8571 7800 or email: Anne-Marie.Taylor@goodshep.org.au or Lauren.Stacey@goodshep.org.au

Also now available, THE AUSTRALIAN PARENTING APP FREE from iTunes App Store or Android Market.
Summer Sport

Welcome back to Term 4 where the summer season gets into full swing. NDJCA teams have already played one fixture and will recommence this weekend, as will our Baseball teams. Our 16As will commence their season in the GPS competition as will the 14Cs and our 1st & 2nd XI will play a friendly on Breen Oval. The 1st V Basketball team, will take part in the pre-season challenge at Oakhill College. All other teams will start their season on Saturday, 22 October. Good luck to all.

Rugby Success

We had two St Patrick’s students play at the highest level over the holiday break with both Adam Doueihi (Australian Schoolboys) and Kyle Devine (NSW U16 Schoolboys) touring overseas with their respective teams.

As the starting Flyhalf in the Australian Schoolboys team, Adam enjoyed a memorable tour of Samoa and New Zealand. The Australian team posted wins over both Samoan Schoolboys (50-10) and Fijian Schoolboys (33-17) before going down to New Zealand Barbarians in very wet and heavy conditions 17 points to 28. The tour culminated with Australian Schoolboys playing New Zealand Schoolboys for the Trans Tasman Shield. Despite trailing 22-3 at half time the Australians fought back to get the score to 22-22. NZ then regained the lead in the last ten minutes to take out the shield for the fourth consecutive year winning 32-22.

Adam should most definitely be proud of his achievements and no doubt learned much from the experience.

Kyle also toured to New Zealand where his NSW U16 Schoolboys team had a great deal of success. They were victorious in their first two matches beating Auckland Central West 34-24 and Auckland South East 19-14. They then lost narrowly to Auckland Combined Schools 10-5 in what was from all report a very tough match. Again, I’m sure Kyle took a lot out of this experience, leading him well into the next two years of Rugby at SPC.

Congratulations

Congratulations must be extended to David Colman of Year 11 who, during the recent holiday break, competed in the Australian Transplant Games in Sydney. The idea surrounding the games is to raise awareness for organ donation, to say thank you to the donor families and to celebrate the lives saved when people say yes to donating organs.

David competed in a multitude of events with great success! He won Gold medals in the 3km run, 3km cycling, U18 30km cycling and Open 5km walk events. David also picked up a bronze medal in the 200m sprint. A fantastic achievement!

Mitchell Kearns—Head of Secondary Sport

WET WEATHER UPDATES: On 97631000 then follow prompts, Twitter at http://twitter.com/SPCSeniorSport, or SOLE SPC SPORT.

Junior School Sport Weekly Draw

Summer Round Seven 15/10/2016

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<td>Grammar St Ives</td>
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| BASEBALL | TEAM A | Abern 1 | 9.00am |
| TEAM B | Abern 1 | 9.00am |
| TEAM C | Abern 1 | 9.00am |
| TEAM D | Abern 2 | 8.00am |
| TEAM E | Scots Prep 1 | 10.30am |
| TEAM F | Scots Prep 1 | 9.40am |
| TEAM G | Scots Prep 1 | 8.50am |
| TEAM H | Scots Prep 2 | 8.00am |
| TEAM J | Scots Prep 2 | 8.00am |
| TEAM K | Scots Prep 2 | 8.00am |

| BASKETBALL | TEAM A | Scots Prep 1 | 8.00am |
| TEAM B | Scots Prep 1 | 8.00am |
| TEAM C | Scots Prep 1 | 8.00am |
| TEAM D | Scots Prep 1 | 8.00am |
| TEAM E | Scots Prep 1 | 8.00am |

| TENNIS | TEAM A | Crankbrook | SPC Courts | 9.30am |
| TEAM B | Newington Wyvern | SPC Courts | 8.00am |

| SOFTBALL | TEAM A | Arden Green | Breen Oval | 8.00am |

VENUES:
Auburn Basketball Centre: Wylatt Park, Church St, Lidcombe
Cooke Park: Madeline St, Belfield
SPC Courts, Breen Oval, No 3, No 4: Edgar St, Strathfield
Phillips Park – Nicholas St, Lidcombe
Rudd Park – Clarence St, Belfield
Scots Prep Courts –Mansion Rd, Bellevue Hill
Cowper – Cnr Ayres and Mona Vale Rd, St Ives
Strathfield Park - Hornsby Road & Chalmers Road, Strathfield
Christison Park – Old South Head Rd, Watsons Bay
Balmoral East: The Esplanade, Balmoral