

# Especean

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## Principal

*Two are better than one . . . for if they fall, one will lift up the other.*  
(Ecclesiastes 4:9-10)

Dear Parents, Students, Staff and Friends of St Patrick's College,



When children commence in Kindergarten in Catholic schools around the world, one of the first things they are taught is that God loves them, they are unique and that Jesus is a special friend. A couple of years ago now there was some interest in local newspapers both here and in the UK about men and friendships. From memory, the papers reported men not having enough friends, but actually desiring more friendships and yet not knowing really how to go about it. In our digital, online world, the word "friend" gets bandied around all too casually for my liking. Adolescents are often heard to comment how many friends they have. I hate to rain on people's collective parade, but these people are not friends. In some cases, they are not even acquaintances. I wonder how many people have few real friends. Sure, we all have work colleagues, we all have some family members and we have those who come in and out of our lives at various points. But how many true, long-lasting relationships do the men you know have with others, that they can really call a friend?

A friend is someone who is far more than an acquaintance. We are polite with acquaintances, we might even engage in small talk and see them from time to time, but it rarely gets any deeper than that. Our boys need to be encouraged to develop real, long-lasting friendships. Friends are the people one can count on even when we aren't very nice to be around. Friends show up when the going gets tough. Friends call it for what it is and let us know when we step out of line. Friends demonstrate their affection for us in ways that let us know we are valued human beings. Friends remember things about us. Friends make the effort to catch up with us when we get older and get busier, and even live far away. To me, a friend prioritises contact, in whatever form that takes. Friends take risks with us that move us from the surface to our inner being.



Good friends make us feel happier about our lives. Modeling friendship relationships for our boys is important. They need to see us (particularly fathers) relying on others, helping out others, and being there for others. They also need to see us having fun together. So often

our boys will talk about having mates, but they will shy away from the friend word, particularly as they get older. There is an intimacy about friendship that takes it to another level that is uncomfortable for some men. This does not imply a sexual response at all; but rather it suggests that we take a risk with those we call our friends, because we are prepared to share our vulnerability and our fears and doubts with them. What always surprises me about the human



condition is that we all basically share similar feelings of self-doubt and lack of certainty: we are not all that different from one another. Even those who appear to have all the trappings of success suffer from the same insecurities. Maybe it has taken me a long time to understand this, but I do know that the true friends I have, whom I am lucky to say I have had for many decades, let me know that I'm not that different from them.

If we want to ensure our boys grow into becoming happy, well-adjusted adults, we need to encourage positive life-giving friendship relationships with others; male and female. We all need relationships with friends in addition to our partners. With a male suicide rate as alarming as ours is in Australia for adolescent males and young men, every opportunity we can take to ensure men are *connected* with other trusted human beings is one we should take. Our innate human desire is to be social, to be in a community of some sort. Our friendship community is one we must treasure and make an effort to sustain. Our boys need to know that it is ok for them to express themselves openly with their friends and to be comfortable enough to ask for help when they are struggling. Friends don't judge us for this. Instead, they are present to us, unconditionally. Friends demonstrate their love for us as action.

Beware the fast friend, particularly if they are not of the flesh-and-blood variety. The friends one makes on Facebook do not have the qualities of a human friend. The human friend is not all that interested in what we ate for dinner or showing us a picture of it! Friendships take time to cultivate and we must invest in them, regularly.

They mature over time and they change with us. Who are the true friends in your life? What have you done lately to let them know they are important to you?

St Augustine has this to say about friendship:

In this world two things are essential: life and friendship.

Both should be highly prized and we must not undervalue them.

Life and friendship are nature's gifts.

### CONGRATULATIONS

We offer our congratulations to Luke Reynolds and his partner Kylie on the birth of Zoe Jane on 20 March 2017 at 3.27pm. Weighing in at 2.87kg and 48cm in length, mum and baby are reportedly doing well.

*Live Jesus in our Hearts, Forever.*

Craig Wattam  
Principal



## Junior School

Congratulations to all the boys in the Junior School for their outstanding work so far with their Lenten fundraising, raising much-needed funds for people less fortunate than themselves. A huge congratulations to Michael Sakr of Year 5 who has raised \$3825 by himself; an outstanding achievement. Here are the top 9 boys so far.



Michael Sakr	5 Black	\$3825
Lincoln Milson	5 Black	\$1100
James Vertannes	6 Red	\$850
Salvatore Ierardo	6 White	\$850
Jaiken Poon	5 Red	\$845
Christian Bitar	6 Black	\$660
Jonathan Lin	6 White	\$600
Cameron Faker	6 White	\$600
Nathan Yeung	6 Black	\$590

I would like to take this opportunity as the trials are taking place, to remind parents and students why we play sport here at the College. In the Junior School alone we have over 210 boys playing Football. Some have been playing for many years and for some it is their first exposure to it. Please be aware that we grade the boys to the best of our abilities in the short time between the end of the summer season, X-Country and the start of the winter season. Teams will vary and change over the first few weeks of the season. I would ask all parents to instil a sense of hard work and consistency at training and on game days. This will eventually be seen and rewarded.

*Grant Andrews*

## Junior School Sport

Congratulations to Markus Parinetto who did the College proud at the NSW CIS Diving Competition. He came 2<sup>nd</sup> in Springboard which means he will represent the College and NSW CIS at the NSW PSSA Competition in a few weeks and he came 4<sup>th</sup> in a very competitive Open five metre platform where he achieved a PB and will be a reserve for NSW CIS in this event.

Good luck to all the boys in the X-Country squad who will be competing at the IPSHA Carnival at Kings this Saturday. We wish you all the best of luck.

Well done to all boys for the way that you have conducted yourselves over the past couple of days trialling for the winter teams. Next week we will also have trials on Monday and Tuesday. Please listen for announcements regarding times.

*Grant Andrews—Junior School Sportsmaster*



## JUNIOR SCHOOL VISUAL ARTS

In Visual Arts this Term, Year 5 students have been creating a series of artworks exploring birds. The boys have developed imaginative responses to designing their own birdcages and have had fun experimenting with collage. The students also closely studied bird bones to construct an x-ray drawing using matchsticks and masking tape. These intricate and sometimes humorous artworks are a testament to the boys' enjoyment and curiosity in response to the fascinating world of birds.



*Cita Daidone—Junior School Visual Arts Teacher*



RAW PROJECT

MACQUARIE University

## Is your child in year 6? What does their future hold?

SURVIVING THE TEENAGE YEARS

The Centre for Emotional Health is recruiting for an exciting project to discover what affects young people's emotional development. We will start with 500 children in Year 6 and assess them every year throughout high school.

**FIND OUT MORE**  
For more information visit the RAW Project website [rawproject.com.au](http://rawproject.com.au). If you are interested in being involved, please contact the RAW Project on (02) 9850 4080 or [rawproject@mq.edu.au](mailto:rawproject@mq.edu.au)

### HERE ARE SOME OF THE BENEFITS OF BEING INVOLVED IN THIS RESEARCH:

- \$100 plus a "thank you pack" for each yearly assessment
- A yearly assessment of your child's emotional well-being
- Opportunities for games, competitions, and prizes throughout the year
- Information about teenage development



## SRC JERSEY DAY

Next **Wednesday, 5 April** (Week 10), the SRC will be raising funds for the Lenten Appeal by having a whole school JERSEY DAY! Students who wear a jersey MUST bring in a minimum of 2 gold coins to homeroom/class on the day. This should be in addition to the daily Lenten Collection.

Please note as per College expectations, all students are expected to bring their appropriate co-curricular attire as normal.

*Adriana Lazkin—Student Leadership Coordinator*



### Year 12 Parent/Teacher Evening

Year 12 Parent/Teacher Interviews take place next **Monday, 3 April** in the Mary MacKillop Building which is adjacent to the Robson Auditorium.

Please note that it is an expectation of the College that at least one parent requests and attends interviews **with all of their son's subject teachers**. It is also an expectation of the College that Year 12 students also attend these important meetings.

To view your individual Parent/Teacher timetable please access the link below and follow the instructions;

1. Login to Parent Portal on SOLE <http://sole.spc.nsw.edu.au/course/view.php?id=272> and click on the *Parent Teacher Login* button.
2. Click on the My Interviews tab and your timetable will be generated.

**If you have not entered your preferences as per our previous email** (and therefore do not have bookings), it isn't too late to book an interview.

1. Login to Parent Portal on SOLE <http://sole.spc.nsw.edu.au/course/view.php?id=272> and click on the *Parent Teacher Login* button.
2. Click on the Request Interviews tab.
3. Drag each teacher across to the *Teachers I want to see* side of the table.
4. Now click on the Modify Interviews tab.
5. Click on any free interview slots (white slots) to book an interview.
6. Don't forget to print your schedule.

### Year 12 Academic Reports

By the end of next Week 10, Year 12 Semester 1 reports will be issued online via the *Parent Portal* on *SOLE*. In order to access their sons' reports, parents will be required to log on to *SOLE* and under the *Parent Portal* menu, select *Student Reports*. Parents may view and/or print the report.

Only parent accounts can access student reports. Parents who have forgotten their passwords can go to the '*forgotten your username or password*' link on the *SOLE* login page.

*Andrew Brennan—Acting Director of Curriculum*

## Pastoral Care

I take this opportunity to thank all members of the College community who completed the recent Relationships, Support and Bullying surveys. There were over 1500 responses to the questions provided. The data provided will be extremely useful in providing evidence to affirm current practices whilst also giving feedback on how the College can develop in the areas identified within the survey. I look forward to disseminating information in the coming term.

A reminder also that the College will host its traditional Lenten Dances for students in Years 7 & 8 [Friday 31/3] and Years 9 & 10 [Thursday 30/3]. Dances commence at 6.00pm and finish at 9.00pm. Boys have been provided notes indicating the clear expectations required on the evening. If your son is attending, please ensure he is collected promptly at the end of the dance from Fraser Street.

*Robert Simpson—Director of Pastoral Care*

## Year 9 Geography Excursion to Pyrmont and Barangaroo

Friday of week 7 saw approximately 85 Year 9 Geography students, accompanied by Ms Ho, Mr Mackie, Mr Marsh and Mr Teixeira, take part in a fieldwork study of Pyrmont and Barangaroo. As a mandatory component of the topic 'Changing Places', students applied their knowledge and understanding of geographical concepts, skills and tools in the field. From examining trends in population movements such as urbanisation, to investigating strategies being used to create liveable and sustainable communities, SPC students were given a wonderful opportunity to immerse themselves as learners in Sydney's transforming Central Business District and surrounding suburbs. Thanks must go to all teachers involved for their professionalism and enthusiasm on the day. Congratulations to our students for the manner in which they conducted themselves as representatives of the College.

*Luke Reynolds—HSIE B Studies Coordinator*



## SUPPORTER'S DUTY

A reminder that **Year 10** have been designated Supporter's duty on **Saturday, 1 April**. All boys are to report to the Powell Pavilion between 1.00 and 1.15pm to have their names marked off. Once this has been completed, boys will move to SPC No. 3 to support the College 1<sup>st</sup> XI and await further instructions. Boys will be dismissed at the conclusion of the 1<sup>st</sup> XV game, approximate time is 4.50pm.

Parents and students are reminded that the "**new**" **College** Tracksuit and Supporter's Shirt are the garments to be worn in replacement of the older styles as of the commencement of 2017. The "**older**" style Tracksuit and Supporter's Shirt may still be worn at training of an afternoon but, boys may not wear those garments on their way home if they using public transport.

*Steve Fochesato—Director of Co-curricular*

# Sports Draw - SATURDAY 1 APRIL 2017

## Sportsmaster

### Cricket - Congratulations

A big weekend of Cricket saw 3 of our teams contest NDJCA Grand Finals. On what was another rain interrupted weekend, all three games went ahead in some capacity, in no doubt, trying conditions. All three games were fiercely contested and hung in the balance as play continued. The 14 Gold team emerged victorious with a solid run chase steered home by Joshua Lee with an unbeaten 75 runs! Unfortunately both the 13A and 15A sides finished runners up to two very good teams and should be proud of their efforts this season.

### Winter Trials

Winter trials have continued this week with season schedules coming into effect this Wednesday. As previously stated, the games this weekend are an extension of the trial process and the teams boys find themselves in against Sydney Grammar are by no means the team they will definitively remain in for the season.

### Mouthguards

I have published this previously, however, if you are yet to organise a mouthguard for the upcoming winter season, or will soon be in need of a new one, Dental Prosthetist and Old Boy of the College, Michael Ianniello, is offering a 15% discount off custom mouthguards to all SPC students. For more information visit [www.shieldmouthguards.com](http://www.shieldmouthguards.com).

*Mitchell Kearsley—Head of Secondary Sport*

Rugby				
1st XV	v	Sydney Grammar	3.15	Breen Oval
2nd XV	v	St Joseph's 7th XV	10.00	SJC No 1
3rd XV	v	St Joseph's 9th XV	9.00	SJC No 1
4th XV	v	Sydney Grammar 2nd XV	2.00	Breen Oval
16A	v	Sydney Grammar	1.00	Breen Oval
16B	v	Sydney Grammar	12.00	Breen Oval
15A	v	Sydney Grammar	11.00	Breen Oval
15B	v	Sydney Grammar	10.00	Breen Oval
15C	v	Sydney Grammar	9.00	Breen Oval
14A	v	Sydney Grammar	11.00	SPC 2
14B	v	Sydney Grammar	10.00	SPC 2
14C	v	Sydney Grammar	9.00	SPC 2
13A	v	Sydney Grammar	1.00	SPC 2
13B	v	SPC 13C	10.00	Hudson Park
13C	v	SPC 13B	10.00	Hudson Park
13D	v	Sydney Grammar B	12.00	SPC 2
Football				
1st XI	v	Sydney Grammar	1.15	SPC 3
2nd XI	v	Sydney Grammar	12.00	SPC 3
3rd XI	v	Sydney Grammar	11.00	SPC 3
4th XI	v	Sydney Grammar	10.00	SPC 3
5th XI	v	Sydney Grammar	9.00	SPC 3
6th XI	v	Sydney Grammar	10.30	Mason Park 2
7th XI	v	Sydney Grammar	9.30	Mason Park 2
8th XI	v	Sydney Grammar	8.30	Mason Park 2
16A	v	Sydney Grammar	8.00	Weigall 3
16B	v	Sydney Grammar	9.00	Weigall 3
16C	v	Sydney Grammar	10.00	Weigall 3
16D	v	Sydney Grammar	11.00	Weigall 3
16E	v	Sydney Grammar	12.00	Weigall 3
15A	v	Sydney Grammar	8.30	Mason Park 1
15B	v	Sydney Grammar	9.30	Mason Park 1
15C	v	Sydney Grammar	10.30	Mason Park 1
15D	v	Sydney Grammar	10.30	Mason Park 3
15E	v	Sydney Grammar	9.30	Mason Park 3
15F	v	Sydney Grammar	8.30	Mason Park 3
14A	v	Sydney Grammar	1.00	Weigall 2
14B	v	Sydney Grammar	12.00	Weigall 2
14C	v	Sydney Grammar	11.00	Weigall 2
14D	v	Sydney Grammar	10.00	Weigall 2
14E	v	Sydney Grammar	9.00	Weigall 2
14F	v	Sydney Grammar	8.00	Weigall 2
14G	v	Bye		
13A	v	Sydney Grammar	2.30	Mason Park 1
13B	v	Sydney Grammar	1.30	Mason Park 1
13C	v	Sydney Grammar	12.30	Mason Park 1
13D	v	Sydney Grammar	11.30	Mason Park 1
13E	v	Sydney Grammar	1.30	Mason Park 2
13F	v	Sydney Grammar	12.30	Mason Park 2
13G	v	Sydney Grammar	11.30	Mason Park 2
13H	v	Bye		

## NATIONAL YOUTH WEEK 2017

**SATURDAY, 8 APRIL**

### GIDDY UP! @ CONCORD LIBRARY

The library is open on a Saturday night – just for youth to chill out.

Join us for photo booth shenanigans, mechanical horse racing, foosball, pool, bad karaoke singing, gaming, slushies, pizza, giant games plus much more. Prizes given away throughout the evening. Don't miss out!

**Time:** 6-8pm  
**Venue:** Concord Library, 60 Flavelle Street, Concord  
**Cost:** Free  
**Ages:** 12-18  
**Bookings:** Book online at [www.canadabay.nsw.gov.au](http://www.canadabay.nsw.gov.au) or just drop in and say hello.

### SATURDAY, 8 APRIL

#### SKATE WORKSHOP @ FIVE DOCK SKATE PARK

Join Totem Skateboard School with an exciting skateboard workshop. Whether you are a beginner or a more advanced skater the Totem skate coaches will help build your skills. Plus enjoy a free lunch on the day! Limited places and pre-registration is essential.

**Time:** 11am-1pm  
**Venue:** Five Dock Skate Park, Cnr First Avenue and Ingham Road, Five Dock  
**Cost:** Free  
**Ages:** 10-18  
**What to bring:** Water, hat, sunscreen and helmet

**Registration:** You must pre-register for this event. To obtain a registration form or for more information contact Council on 9911 6555.

**ATTEND THESE EVENTS FOR YOUR CHANCE TO WIN GREAT PRIZES!**

**FOLLOW US @YOUTHCANADABAY**

Check out our website for more info  
[www.canadabay.nsw.gov.au](http://www.canadabay.nsw.gov.au)

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## JUNIOR RUGBY CLUB

The Junior Rugby Club season kicks off this Sunday at Hudson Park. We are still short a couple of boys in the under 10' & Under 13's. They kick off at 9.00am & 10.00am respectively this weekend. We are expecting both teams to be in the lowest division so if you have a boy thinking about learning to play Rugby this will be an excellent entry point to the game.

Should you have any questions please call the Juniors President Joe Abraham on 0407 910 510

### Shield Mouthguards

Michael Ianniello  
Dental Prosthetist

As an old boy I offer a  
15% Discount For SPC Students

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